

There are several concepts to grasp with regard to why a dance might be good, not so good, or bad. A dance host can take what they like from this list below.

1. Reasons for the dance with regard to:
 - a. Is it primarily for people to meet?
 - b. Is it primarily to just dance?
 - c. Is it primarily targeting single people?
 - d. Is it primarily targeting couples?
 - e. Is it primarily targeting people from a long distance away?
 - f. Is it a mixture of all so people can just socialize and get out of the house?
2. Will there be a liquor license required?
 - a. It is entirely possible to have a very good dance without liquor being involved.
3. Clock timing of the dance.
4. Start time and finish time?
5. Weekdays or weekends?
 - a. Special event timing.
 - b. Regular repeating timing?
 - c. Holiday timing?
 - d. Custom event timing?
6. Music
 - a. Even if a venue is dedicated to a certain theme, there needs to be a proper music mix to satisfy a dance crowd. Different crowds might require different music mixes. This topic would require an entire article on its own.
 - b. A sound system that is adequate for the size of the venue.
7. Live Band or DJ?
8. Venue
 - a. Size
9. Ventilation A/C in summer
 - a. Heat in winter
 - b. Distance to drive
 - c. Ratio of crowd size to dance floor size
10. Crowd Target Draw
 - a. Freestyle
 - b. Lead&Follow
 - c. Competitive
 - d. Showmanship Routines
 - e. Rally Routines
11. The sized of the dance crowd in numbers. Some people like a large crowd because they are there to meet people. Other people are there to dance so they don't mind smaller crowds.

12. Lessons?
 - a. Social (commonly called The American Style)
 - b. International (commonly called the British style)
 - c. Dedicated ie Argentine Tango, Cuban Salsa, Cross Step Waltz, Country (C&W) etc.
 - d. The particular sensuous level of the dance. NOTE: Although dirty dancing used to be considered salacious and scandalous at one time by our Ontario population, that has been surpassed by the Latin sensuous Bachata dance moves.
13. Age of crowd
 - a. If a person is older but wishes to dance the Lindy Hop, Charleston, or Balboa then they're going to have to dance with a younger crowd. It's as simple as that so, get over it and enjoy the younger people.
14. Type of crowd re a dedicated dance method. The host attracts a crowd following based on the type of music played.
15. The newness of a crowd to a particular person. Some people like new crowds and they like new people in a familiar crowd. All dance hosts should be focussed on attracting new dance patrons.

The Brain and Dance

Burning New Neurons in the Brain

Burning neurons in the brain means making new neurons and making new neuron connections. This process helps a person stay young and think young. If the dance is easy to learn then it generally does **not** burn new neurons, or make new neuron connections in the brain. Difficult dances clearly make the brain work and that is what we need the brain to do in order to stay young.

Here is a quote on Waltz forms From <https://www.dancetime.com/waltz-dance-styles-1835/>
There are a number of videos on the above link showing various styles.

[QUOTE]

The different waltz dance styles include classic American waltz, International style waltz, Viennese waltz, C&W waltz, Cajun waltz and many others. Waltz evolved from forms of earlier dances in the mid-eighteen hundreds along with the popularity of Johann Strauss's music. The term waltz originated from the Italian word "volver," which means revolve or turn. It is one of the first dances where dancers took a close embrace facing each other. The dance was not immediately accepted by the upper class and was considered scandalous because of the facing close embrace.

[END QUOTE]

I guess we have much more scandalous dances now days as in the sensuous Bachata. And, it goes without saying that the swinger crowd has taken dirty dance to an entire other level.