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LIA Lifestyle Instruction Aid

aa8. What is the significance of symptoms

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Symptoms are often multi factorial. That means they may have many causes. This symptomatology might be pain, numbness, tingling, fatigue, depression, loss of function, etc. In other words, a host of physical symptoms can manifest when the threshold is reached. Several factors summate to push the body over the 'threshold' into symptomatology. That means pain, numbness, weakness, stiffness, etc. are felt by this person.

Underlying all this is a chemical, endocrine, nutrient, neurotransmitter balance that can get 'out of step' without causing any symptoms until much later. Optimal Health and Wellness implies unseen health below the threshold of symptoms.

The medical profession is very good at understanding most symptoms when they are clear and strong. However, when the signs of impending problems are not clear, or when the problems are in the very early phase, medical science is not so good.

Some chiropractors believe that symptoms are only signs. And that these signs are not the cause of the problem, but the result. These practitioners may elect to ignore the symptoms while they are treating, unless the symptoms are serious. If serious symptoms are present then the patient needs to be referred to another health care practitioner.

This particular philosophy is different than the established medical way of thinking. The medics focus on symptoms and generally treat the symptoms.

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