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**abcd32. Attitude Toward Voice Modulation**

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People skills are very important in the work environment, the recreation environment, interpersonal relationships and family life.

One major key to people skills is the attitude that one can ALWAYS improve no matter how good one's skills are now. If you take the attitude that your people skills are adequate, but can be fine tuned even more, then you have the first ingredient to improving your lifestyle. If, on the other hand you take the attitude that you know it all and do not need to improve, then you may be left wondering why other people may have a negative opinion of you.

One of the important people skills to own is the ability to modulate your voice at will. That means your voice ONLY modulates when you consciously want it too. If you get into a discussion with someone or even a full blow argument, and your voice goes up automatically, then you are not in control. Rather the person you are arguing with is in control of you. If another person can make your voice go up in loudness and in pitch, whenever they want it to by pushing the right buttons in you, then they control you, not the other way around.

Learning to be aware of your voice modulation is the first step to controlling it. What you say is important, but also how you say it is important as well. All good sales people learn this very early. Public speakers, radio and TV personalities also learn these skills.

Advanced skills might be learning to make eye contact and at the same time also control voice modulation. This skill is, of course, left to those who want to be leaders and those who do not want to be controlled by other people in conversations.

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