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**LIA Lifestyle Instruction Aid**

**abc1. Albert Einstein's Three Rules of Work**

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Albert Einstein was a profuse thinker choosing to think laterally instead of following the status quo. He indicated three rules for work. Keeping these rules in mind helps one maintain a good attitude when dealing with the stresses of life.

1. Out of clutter find simplicity.
2. From discord find harmony.
3. In the middle of difficulty find opportunity.

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